

Updated Covid/Illness Guidelines—2023-24 Season

Aug. 21, 2023

These guidelines will provide information to players regarding attending rehearsals/concerts if they are positive for the Covid-19 virus, or experiencing another illness. Our goal is to protect our fellow musicians, given the proximity of our playing to each other.

These guidelines are based on the latest CDC Guidelines regarding individual decisions, which have not changed in the past year.

Guidelines:

- Anyone is welcome to wear a mask while attending a rehearsal or concert.
- Do not come to rehearsal if you are sick with active symptoms (regardless of the source) such as fever, productive cough, or nausea. However, if you only have mild symptoms such as a runny nose and congestion, no fever, AND have tested **negative** for Covid, you may come to rehearsal, but please wear a high quality mask.
- If you have tested **positive** for Covid, stay home for 5 days, and if your symptoms have resolved, you can come back to rehearsals and wear a mask (for the remaining 5 days). If you have tested positive and were recently at a rehearsal, please let our Executive Director or Board President know.
- If you have been exposed to Covid (meaning at least 15 minutes in close vicinity of someone who then tested positive) within the past 5 days, and have no symptoms, you can come to rehearsal, but please wear a mask. If you develop symptoms, please get tested.

Please contact the Orchestra Manager if you will be absent or for any questions.